

***Beneath the Tall Black Door* by Jacqueline K. Kelsey**

Excerpts from media release:

Observing nature can reveal solutions to our problems, says researcher.
New book guides readers to achieve desires by imagination

ST. LOUIS – Rather than seeking traditional help like therapy, medication or addictions like drugs and alcohol to mask pain, one researcher offers up a simpler, more accessible solution to even our most complicated problems: a vital relationship to nature.

Set in the changing seasons of the North Woods, Kelsey guides the reader to realize the importance of transforming what is in front of us, to use what is available and to see the connection between what appears and our childlike power to bring it to us.

“I want to guide readers to open their imaginative perceptions to what nature can teach them and to realize that serendipitous living is a reliable adventure,” says Kelsey. Seven parables based on animals coming to her on the front porch teach how everyday problems can be resolved: career changes, overwork, grief, addictions, regeneration, et al.

To write the book, Kelsey augmented her experiences growing up in a rural community by conducting extensive research on learning the connection between imagination and exposure to the rotating seasons of nature. She also developed a study on concept development and how people have a different way of thinking if they’ve grown up with regular exposure to nature.

“Imagination, coming from a nature orientation, can lead to the discovery of beauty in all relationships,” Kelsey says. “Once we accept intuition as one of our most capable teachers, we can tackle life without the cumbersome restraints of adult inhibitions.”

Beneath the Tall Black Door: Four Seasons on River Street

By: Jacqueline K. Kelsey, Ph.D

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